

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1



OPTION 2

Margherita pizza
& oven baked wedges



Mixed bean bolognaise
with penne pasta



Vegetable sausages with
roast potatoes & gravy



Pea-powered vegetable
stir fry with carrot rice



Vegetable nuggets, chips
& tomato ketchup



Pepperoni pizza
& oven baked wedges

Beef & lentil bolognaise
with penne pasta



Roast gammon with
roast potatoes & gravy

Creamy coconut chicken
& chickpea curry with
carrot rice



Fish fingers, chips
& tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & cauliflower



Baked beans



Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Cheese
Tuna mayo

Lemon shortbread biscuit



Chocolate & banana
brownie sponge



Apple strudel & custard



Baked apple & cinnamon
sponge



Chocolate shortbread



Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice

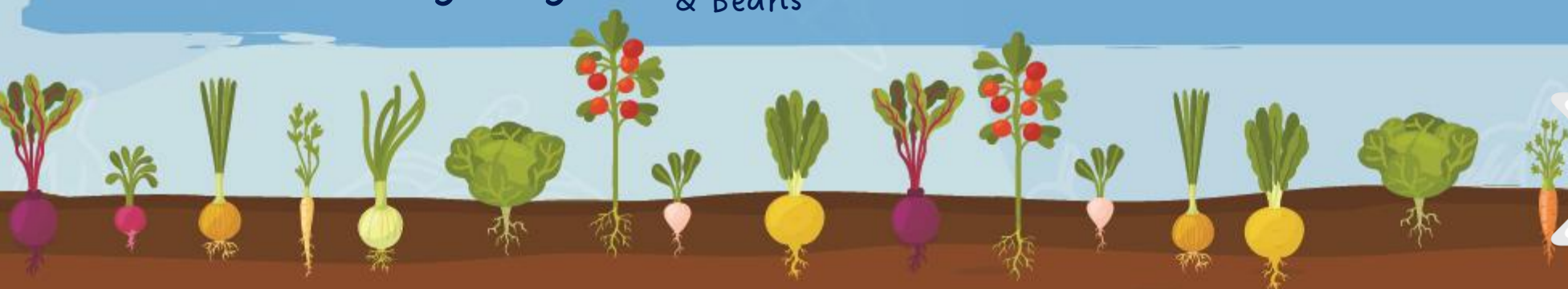


Vegan



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal  OPTION 1 OPTION 2	Margherita pizza & oven baked wedges 	Pea-powered vegetable pie & new potatoes 	Cheesy cauliflower pasta bake 	Veggie all day breakfast 	Quorn dippers, chips & tomato ketchup 
	Tomato, spinach & salmon pasta 	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages (beef casings)	Fish & chips with tomato ketchup
Veggies 	Broccoli 	Peas 	Carrots & cauliflower 	Baked beans 	Peas 
Filled Rolls 	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats 	Traditional flapjack 	Oaty apple crumble & custard 	Chocolate mousse 	Carrot cake with orange glaze 	Chocolate fruit crispie cake 

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Main Meal

OPTION 1
OPTION 2

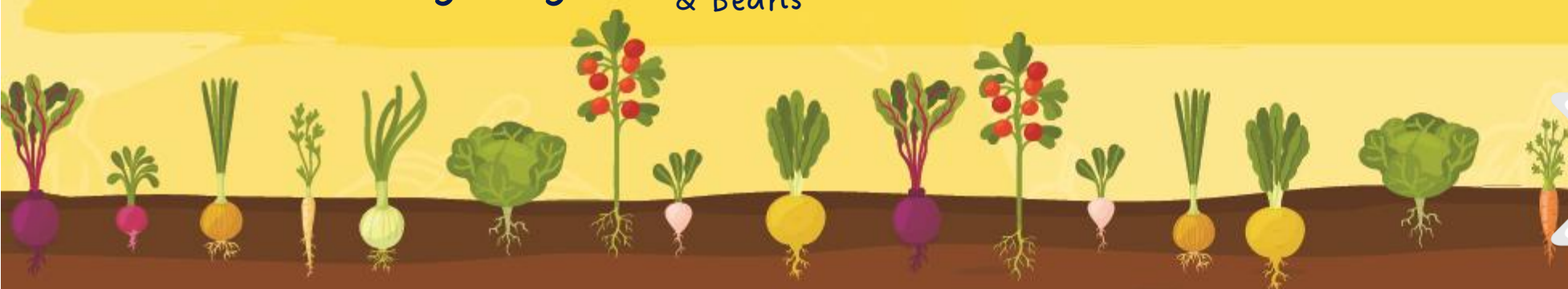
Veggies

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Pea-powered cottage pie with gravy 	Baked creamy mac 'n' cheese 	Vegan Sausage roll, chips & tomato ketchup 
Mild beef & lentil chilli con carne with rice 	Pork sausages (beef casing) with mashed potatoes & gravy 	Roast chicken breast, roast potatoes & gravy 	BBQ chicken loaded mac 'n' cheese 	Fish fingers, chips & tomato ketchup 
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked beans 
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Chocolate shortbread 	Apple & summer berry crumble with custard 	Lemon sponge & custard 	Garden brownie 	Strawberry mousse 

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY Wholegrain  Vegetarian 
Nutritionist's Choice  Vegan 