

**THIS  
SCHOOL  
HOLIDAY!!**

# **totalsports**

**THE REGION'S NO. 1 HOLIDAY CLUBS**

**RUNNING AT.....**

## **HARROGATE & KNARESBOROUGH HOLIDAY CLUBS**



**50+  
ACTIVITIES  
EVERY WEEK!!  
2 CHOICES  
EVERY SINGLE  
HOUR!!**



**PART OF OUR  
ROTATING SUPER  
"WOW" EQUIPMENT  
(CHECK  
WEHEREABOUTS  
ONLINE)**

**TAXFREE CHILDCARE VOUCHER'S  
ACCEPTED - SAVING YOU A FURTHER  
20% !**


**FLEXIBLE BOOKING - BOOK ONLY THE  
DAYS YOU NEED EACH WEEK !**

**REFER A FRIEND SCHEME  
- SAVE £20 EACH !  
SEE ONLINE - IT'S SUPER EASY !**

**DID YOU KNOW ?...TOTAL SPORTS  
ALSO TEACH IN OVER 40 PRIMARY  
SCHOOLS DURING TERM TIME ?!**

**JOIN OUR  
ENERGY  
PROGRAMMES  
OR FOOTBALL  
CAMP!!**



 **SCAN ME**

**ARTY | CRAFTY | SPORTY | ADVENTURE | FUN**

**BOOK ONLINE:**

**WWW.TOTALSPORTSLIMITED.CO.UK**

**OPEN  
8AM-5:30PM  
EVERY DAY**

**OPEN TO  
BOYS & GIRLS  
AGED 5-13 -  
SEPERATE AGE  
GROUPS!**

# VENUES & KEY INFORMATION



AREA & VENUE	AGES	ENERGY CAMP	FOOTBALL CAMP	SWIMMING
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## YORK VENUES

HARROGATE LADIES' COLLEGE	5-13	✓	✗	✓
ROSSETT SPORTS CENTRE, HARROGATE	5-13	✓	✓	✗
ASPIN PARK ACADEMY, KNARESBOROUGH	5-13	✓	✗	✗

## CHOOSE TOTAL ENERGY!!!

TOTAL ENERGY IS OUR MUCH LOVED MULTI SPORT, ARTS & CRAFTS, OUTDOOR ADVENTEROUS, TEAM BUILDING, FUN PROGRAMME, FOR BOYS & GIRLS AGED 5-13!!

OUR ENERGY PROGRAMME RUNS EVERY DAY AT VENUES IN HARROGATE & KNARESBOROUGH!!

TOTAL ENERGY ENCOMPASSES 50+ CHOICES OF ACTIVITIES AND 2 CHOICES EVERY SINGLE HOUR! CREATIVE AND ACTIVE, THIS CAN BE ANYTHING FROM FOOTBALL OR PAINTING, YOGA TO CRICKET, HOCKEY TO DODGEBALL, CRAFTS TO DEN BUILDING, NERF TO TIG GAMES!!

YOUR CHILD CHOOSES EACH HOUR.

OUR ENERGY PROGRAMME ALSO INCLUDES OUR WOW EQUIPMENT (45FT INFLATABLE ASSAULT COURSE, BOUNCY CASTLES, NERF, SILENT DISCO AND MUCH MORE), WET WEDNESDAYS, PARTY THURSDAYS AND THEMED ACTIVITIES - CHECK OUR WEBSITE FOR SPECIFIC DETAILS FOR THE UPCOMING HOLIDAY CLUBS!!

THERE'S SOMETHING FOR EVERYONE ON OUR TOTAL ENERGY PROGRAMME AND YOUR CHILDREN RULE THEIR DAYS WITH OUR CHOICES!! YOUR CHILDREN ARE SPLIT INTO AGE SPECIFIC GROUPS AND LED BY OUR DBS CHECKED EXPERIENCED COACHING STAFF!!

WE PROMISE A HIGH ENERGY, VARIED DAY, FOR ALL INTERESTS AND AGES!!



SCAN ME



/TOTALSPORTSLTD



## PRICES, CHILDCARE VOUCHERS & DROP OFF TIMES

STANDARD DAY - 8AM-4PM  
EXTENDED DAY - 4PM-5:30PM  
(CHECK OUR WEBSITE FOR PRICES)

CHILDCARE VOUCHERS ACCEPTED

PLANS CHANGED?  
ADD OUR INSURANCE OPTION  
ONTO YOUR BOOKINGS & RECEIVE A REFUND,  
CREDIT OR CHANGE DAYS  
IF YOUR PLANS CHANGE!!

FLEXIBLE DROP OFF BETWEEN 8AM-9AM  
COLLECT BETWEEN 4PM-5:30PM

BOOK ONLINE;

WWW.TOTALSPORTSLIMITED.CO.UK

## FOOTBALL CAMPS!!

OUR DEDICATED FOOTBALL CAMPS WILL ALSO RUN AT ROSSETT SPORTS CENTRE, YOUR CHILDREN WILL LOVE THEIR FOOTBALL DAYS WILL OUR FA QUALIFIED COACHES!!

OUR FOOTBALL CAMPS ARE PERFECT FOR CHILDREN OF ALL ABILITIES AND CLUBS WITH A VARIETY OF SKILL DRILLS, CHALLENGES, GAMES AND PLENTY OF TOURNAMENTS!!

DEDICATED FOOTBALL CAMPS FOR FOOTBALL MAD CHILDREN RUNNING EVERY HALF TERM, EASTER & SUMMER!!



## SWIMMING

SWIM WITH OUR QUALIFIED LIFEGUARD TEAM!!!

YOUR CHILDREN CAN ENJOY SWIMMING ACTIVITIES EVERY SCHOOL HOLIDAY AS PART OF OUR ENERGY PROGRAMME AT HARROGATE LADIES COLLEGE!!

